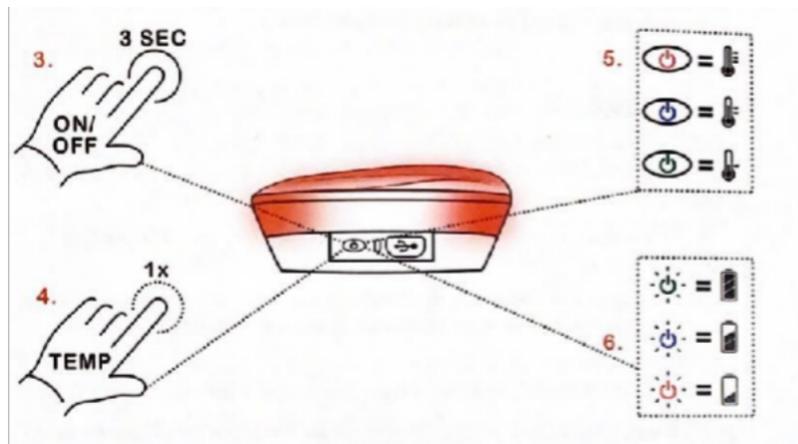


## KCFIR heated insoles

1. Charge the heated inserts. Always insert the charger plug carefully.
2. After 4-6 hours, the LED light on the heated insoles should switch to a steady green light. This means that the insoles are fully charged.



3. Activate (and deactivate) the heated inserts by pressing the ON/OFF button for 10 seconds.
4. Use the remote control to set the appropriate heat level. OR press the ON/OFF button briefly to change the temperature
5. The colour of the button indicates the set heating level. Red (high), blue (medium), green (low).
6. You can check the battery level of the inserts by turning them off with the remote control. If the LED flashes RED (0-33%), BLUE (34-66%), GREEN (67-100%)
7. Test the insoles: Place them under a blanket for about 10 minutes. Check with your hands to see if they are warm enough for your needs.
8. If possible, remove the existing insoles from your shoes.
9. Adjust the heated insoles to fit your shoes if necessary. Take your time when cutting the insoles to ensure they fit well and are not too short. You can use your existing insoles as a template. DO NOT cut the innermost line to avoid damaging the heating pad.
10. Place the heated insoles in clean and dry shoes. They will fit better after you have walked around for a while.
11. Deactivate the insoles using the lowest button on the remote control. The insoles are now in standby mode. To switch off the insoles completely, press the ON/OFF button for 3 seconds.

### **GENERAL ADVICE:**

- Cold feet have poorer blood circulation. Therefore, do not allow your feet to get cold before activating the heated insoles. The energy required to warm up cold feet will be high and may ultimately be unsuccessful.
- At very low temperatures, you may not feel the heat generated by the insoles, but your feet should not "tingle" either. • If you are unsure whether the heated insoles are working properly, try turning on only ONE of the two insoles. See if you feel any difference after 10-15 minutes.
- Avoid sweating in your shoes, as moisture cools your feet.
- If the heated insoles are not working, it may be because they have become damp. Allow the insoles to dry thoroughly and try again. • Never wash heated insoles or immerse them in water. Use a damp cloth to clean them.

### **IF THE INSOLES DO NOT RESPOND TO THE REMOTE CONTROL: 1.**

Press the ON/OFF button on the inserts for 9 seconds until the LED indicators start flashing.

2. Press any button on the remote control to program it to the pads. The above steps also apply if you have received a new remote control.

**CAUTION!** If you feel an unpleasant tingling sensation or if your skin turns red, there is a risk of burns. Switch off the device immediately and stop using it. Read the safety information carefully before using the device for the first time.

### **WARNING!**

Cut heated insoles **CANNOT BE RETURNED** under the consumer withdrawal from the contract, it is not possible Nor can they be exchanged  
After unpacking the heated insoles, please try them out in looser footwear first, or leave your feet resting freely on the product without adjusting its size.